

# SURE FOUNDATION IN CHRIST

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Which question below feels most relevant now?

Decide what to do.

Act.

Repeat.

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Live the Doctrine of Christ More Fully (2 Nephi 31-32)

- What are steps I can take to help increase my faith?
- How can I experience joy through repentance?
- Do I take time to listen to and act upon spiritual promptings?

Receive HIS Covenants (D&C 84:20)

- What is my next ordinance?
- How can the Sacrament be more meaningful?
- How have I taken His name upon me?
- What are simple ways to help me always remember Him?
- How can I testify of Him more often?

Seek and Receive Spiritual Nourishment (Alma 32:37-42)

- Do I take enough time to nourish my faith? What stops me?
  - How do I spend more time in the temple?
  - What prophetic invitation can I act upon?
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“My dear brothers and sisters, these are the latter days. If you and I are to withstand the forthcoming perils and pressures, it is imperative that we each have a firm spiritual foundation built upon the rock of our Redeemer, Jesus Christ.”

- *Russel M. Nelson*