The Church of Jesus Christ of Latter-day Saints Kansas City Missouri Stake 850 SE Church Road Lee's Summit, MO 64063 3rd Quarter , 2024

Stake Self-Reliance & Emergency Preparedness

Quarterly Newsletter



Upcoming Self-Reliance Groups

The Kansas City Stake is hosting Self-Reliance Groups, which <u>will start the week of Sept. 9th, 2024</u> and finish in November.

CLICK HERE to sign up for Self-Reliance Groups

We are planning to offer the following groups:

- Emotional Resilience Tuesdays at 7pm (Lee's Summit)
- Personal Finance Wednesday at 7pm (Wornall Building)
- Personal Finance Thursday at 7pm (Blue Springs)

Additional Groups As Needed - If you are interested in participating in the Starting and Growing My Business, Find a Better Job, or Education for Better Work groups, OR if you'd like to attend Emotional Resilience or Personal Finance on a different day, please indicate that in the sign-up form. If there are enough interested participants, we will start additional groups.

Curriculum for the standard courses can be found <u>HERE</u> on the Church's website.

All groups will be in-person. We've found in-person groups to be more enjoyable and effective, so all groups will be in-person, either in a church building or someone's home.

Share - Finally, feel free to share this opportunity with family, ward members, and friends in the community. All are welcome and will benefit.



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Spiritual Insights

- Preparation, both spiritual and temporal, can dispel fear
- "...if ye are prepared ye shall not fear " (Doctrine and Covenants 38:30).
- "The need for preparation is abundantly clear. The great blessing of being prepared gives us freedom from fear" (Elder L. Tom Perry)

Are You Getting the Newsletters?



This newsletter contains great information, ensure vou

don't miss out as it is sent via email. Ensure your mail is allowing email from:

noreply@churchofjesuschrist.org

This is the church email address when email is sent from the stake or your ward leaders.

Please ensure your contact information is up to date in the church website under your name in the directory of your ward.

If you are unsure on how to accomplish this, please ask for help. We want to ensure everyone is receiving the information sent via electronic mail!

Newsletter



A Spiritual Perspective on Self-Reliance Groups

By President Andrew Bonner Stake Presidency 2nd Couselor Kansas City Missouri Stake

In January of this year, I made what I thought at the time was a fairly inconsequential decision to join a self-reliance class. I had just been called to serve as a stake high councilor, and one of my assignments was to support the self-reliance efforts within the stake. Even though I felt like I was fairly self-reliant already, I figured that I should probably see what these self-reliance classes were all about, given my recent assignment, so I joined one of the ones on personal finances. Whatever my expectations initially were, they were quickly surpassed. I look back on that 12-week experience with appreciation for the blessings I received. Here are 3 direct examples that I can tie back to that seemingly small decision and that came into my life by joining and participating in my self-reliance class.

 I was reminded that the Lord loves to teach and bless us, and any devoted time we set aside in our lives to learn and to grow



is an opportunity for Him to do that. The time I spent each week in my class became a sacred time. Never before had I devoted such regular, focused time discussing and pondering principles related to my personal finances. As I did, He blessed me with personal revelation related to changes I could make to become more financially stable. He reminded me that I didn't have it all figured out, and that there was much more that He was willing to teach me. I felt excited to apply what I had been learning and to share that with others.

2. While I was in class, specific ideas and examples came to mind regarding how to teach my children the financial principles we were learning. Growing up, managing finances was not a topic we discussed very often in my family. I felt the desire to change that in my own home, and was amazed at some of the ideas that came to mind on how to teach my children. (Continued on the next page...)

- 2. (continued) I was able to have several sacred experiences talking to my children about finances that, looking back, were clearly the result of personal revelation from the Savior that came while in my self -reliance class. He not only wanted me to grow, but He wanted me to share that with those I loved most.
- 3. In addition to spiritual promptings, I learned practical tools and skills that I have begun using. I revamped our family budget, had multiple conversations with my wife that helped us become more

unified in managing our finances, and prioritized several financial goals that are still motivating me to this day.

And I'm not the only one who feels this way. Here are some comments from a few others who were in my same self-reliance class on how the class helped them.

"Before taking the self-reliance course, I perceived the Lord's involvement in my finances solely in the context of tithing. However, the course has transformed my perspective. I now understand that the

Lord desires us to possess the means to

fulfill our needs and the needs of those

under our care. He invites us to make

Him a partner in our financial decisions,

and when we do, success becomes

almost inevitable with His guidance. I've discovered ways to maximize the

blessings I've received without the added stress of constantly seeking more."

-Hans Murat

"We loved the personal finance class! We loved applying the principals of the gospel to our financial goals. I always looked at my spiritual wellbeing and temporal wellbeing as two separate things. This class taught me that the Lord cares about our success or self-reliance in both. Then strive to be a supporter to those around us. With the support of the

> Lord and mv wonderful wife T continue to strengthen mvself spiritually and financially."

> > -Alex Ritchel

"What I loved most about the personal finance group was the focus on praying and asking God to help you and lead you, allowing Him to set the priorities of your

time and talents. Revelation and miracles happened as I did this. Excellent group for literally anyone."

-Patty Ward

Regardless of where you feel you are on the self-reliance spectrum, I promise you that our Heavenly Father and Savior Jesus Christ have more to offer and to teach us, and that the self -reliance courses that the Church of Jesus Christ offers can become a classroom of personal revelation for anyone.

~Andrew Bonner

SELF-RELIANCE



Self-Reliance Services

What is Self-Reliance?

"Self-reliance is the ability, commitment, and effort to provide the spiritual and temporal necessities of life for self and family" (Handbook 2: Administering the Church[2010], 6.1.1).

President Thomas S. Monson has counseled, "[Self-reliance] is an essential element in our spiritual as well as our temporal wellbeing." ("Guiding Principles of Personal and Family Welfare," Ensign, Sept. 1986, 3)

12 Principles of Self-Reliance

The Lord has declared, "It is my purpose to provide for my saints" (D&C 104:15). This revelation is a promise that the Lord will provide temporal blessings and open the door of self-reliance. He has also declared that "it must needs be done in [His] way" (D&C 104:16). To receive the blessings of self-reliance, we must accept and live the principles of self-reliance, which include the following:

Exercise Faith in Jesus Christ (D&C 104:15) Use Time Wisely (Alma 34:32) Be Obedient (D&C 130:20–21) Manage Money (D&C 104:78) Work: Take Responsibility (D&C 42:42; 2 Nephi 2:16, 26) Solve Problems (Ether 2:18–19, 23; 3:1, 4) Become One, Work Together (Moses 7:18; D&C 104:15–17) Communicate: Petition and Listen (D&C 8:2) Persevere (Hebrews 12:1; D&C 58:4) Show Integrity (Mosiah 4:28; Job 27:5; Articles of Faith 1:13) Seek Learning and Education (D&C 88:118–119) Stay On Task, Receive Ordinances (D&C 84:20; D&C 136:4; 1 Nephi 18:2–3)

Kansas City Stake Self-Reliance Committee Members

President Andrew Bonner

Brother John Ransom

Brother Arlen Tanner

Sister Patty Tanner

Brother Van Celaya



Sister Michelle Truman

Brother Lee Lacy

Brother Kevin Forth

Sister Libby Forth